



How to Respond When Someone Hurts You

How to Respond When Someone Hurts You Leader's Notes

I. Offenses will come.

- Offense can pull you down mentally, emotionally and physically.
- There's a blessing for you, if you do things God's way.
- Believers don't have to react to offense in a natural way.
- Luke 6:27-31, *"But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. Bless those who curse you. Pray for those who hurt you. If someone slaps you on one cheek, offer the other cheek also. If someone demands your coat, offer your shirt also. Give to anyone who asks; and when things are taken away from you, don't try to get them back. Do to others as you would like them to do to you"* (NLT).
- God's way is to love, do good, bless and pray for those who wrong you.
- God wants to bless you now, in your life here on earth.

II. The devil is the underlying motivator of offense.

- The devil brings offense to tempt you to let go of the faith you are using to enjoy life.
- The devil wants you to doubt God's love and care for you.
- The devil wants to steal God's Word and God's Anointing out of your life.
- Mark 4:17, *"[Some of those who have believed the Word of God] fall away as soon as they have problems or are persecuted for believing God's word"* (NLT).



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- The enemy wants you to be offended.
- 1 Peter 4:12-13, *“Dear friends, don’t be surprised at the fiery trials you are going through, as if something strange were happening to you. Instead, be very glad—for these trials make you partners with Christ in his suffering, so that you will have the wonderful joy of seeing his glory when it is revealed to all the world”* (NLT).
- Matthew 11:6, *“Blessed is he who is not offended because of Me”* (NKJV).
- Offense will rob us of God’s power and the flow of His blessings.
- Choose to reject offense.

III. How to handle offense.

- Instead of getting offended, we can sow into God’s kingdom and receive a harvest.
- What has been taken from us—we can get back as a harvest.
- Mark 4:20, *“And the seed that fell on good soil represents those who hear and accept God’s word and produce a harvest of thirty, sixty, or even a hundred times as much as had been planted!”* (NLT).
- We sow by speaking.
- Expect a harvest of salvation for the one who offended you.
- Expect a harvest of the return of what you lost, or an even better replacement.
- Matthew 7:7, *“Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you”* (NLT).
- We don’t rejoice in the offense...we rejoice in how God will turn it to our good.



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Prayer of Confession

Father, in the Name of Jesus, right now I sow as seed into the kingdom of God every hurt, every bad feeling, every theft, and every evil thing any person has ever done or said to me, my family or my ministry. I release every person who has ever hurt me, and I forgive them, now. I lift each one of them up to You, and I pray for those people. I pray, Father, that they'll come to know You. I pray that they may be saved.

Now, I declare before You, my God in heaven, that I expect a return. I believe Your Word, and by faith I set my sickle to my harvest. I believe I receive an equal or greater return for every wrong deed done to me, every unkind word spoken to me and every dime stolen from me. I expect to receive a blessing of at least an equal benefit. I claim it. It's mine and I have it now in Jesus' mighty Name!
